

## Adult Faith Resources

All of these resources are used by fellow parishioners,  
who have recommended them!

We hope you will find something here that interests you.

If you have questions, feel free to contact the adult faith team through  
Deacon Mike Cavanaugh at [mcavanaugh@faithhope.org](mailto:mcavanaugh@faithhope.org).

### General Catholic Apps

Faith Hope app – Although still a work in progress, this free app already offers many good resources for prayer, reflection and learning. Especially check out the podcasts of Fr. Marty's wonderful homilies – under More, last item. You can also find his homily podcast on [www.faithhope.org](http://www.faithhope.org) on the home page.

Laudate app - #1 free Catholic app on I-Tunes and Google Play – Readings of the day, Catholic prayers, Bible, Stations of the Cross, Rosary, Divine Mercy Chaplet, etc.

Many of the resources below also offer apps.

### Readings of the day and reflections/meditations

Catholic Theological Union, Chicago ([www.ctu.edu](http://www.ctu.edu)) Upcoming Sunday weekly scripture reflection

Give Us This Day ([www.giveusthisday.com](http://www.giveusthisday.com)) Monthly booklet of daily scripture readings and reflections, print or digital. If you like more modern language, this is an excellent resource.

JesuitPrayer.org – from the Midwest Province of the Jesuits, daily reflections

Magnificat ([www.Magnificat.com](http://www.Magnificat.com)) monthly booklet of daily scripture readings, print or digital. If you like more traditional prayer, this is an excellent resource.

Missale ([www.missale.net](http://www.missale.net)) The Missal, online

Pray-as-you-go.org (app) From the English Jesuits, meditation on a reading of the day accompanied by music. Also provides the Ignatian Examen, which one parishioner loves to listen to/pray on the way home from work.

SacredSpace.org (app) From the Irish Jesuits and Loyola Press, available in many languages. Daily reflections.

## **Personal blogs and interests**

Becky Eldredge ([www.beckyeldredge.com](http://www.beckyeldredge.com)) – Catholic young mother of three, author, blogger, spiritual director. Practical spirituality for today's adults and families.

Jennifer Fulweiler (<http://jenniferfulweiler.com/>) Catholic author, blogger, radio talk show host and mother of six children.

Miracle Hunter ([www.miraclehunter.com](http://www.miraclehunter.com)) Michael O'Neil studies miraculous claims. If you are interested in miracles, this is a good resource.

## **Radio, TV and podcasts**

Busted Halo ([www.bustedhalo.com](http://www.bustedhalo.com)) A ministry of the Paulists, based in New York City, this radio show, blog and website has been reaching young adults, in particular, in effective ways for many years. Check it out and share it with your young adult children!

EWTN ([www.ewtn.com](http://www.ewtn.com)) presents around-the-clock Catholic-themed programming. Founded by Mother Angelica, EWTN is on TV, radio, YouTube and everywhere else.

Relevant Radio 950AM ([www.relevantradio.com](http://www.relevantradio.com)) Catholic Talk Radio and app

Word on Fire ([www.wordonfire.com](http://www.wordonfire.com)) A ministry of the dynamic Bishop Robert Barron, Word on Fire focuses on using digital and traditional media to explain Catholicism to the broader world. Bishop Barron, with help from many (including some Faith Hope parishioners), created the Catholicism series seen on PBS. Word on Fire offers Bishop Barron's homilies, DVD's, blogs, YouTube, Twitter, Facebook, etc. etc.

Note: A free 3 day trial of Bishop Barron's new digital resource is on the site but note that you have to cancel in 3 days or you are billed \$19.95 a month. You can also just rent videos on demand.

## **Books and Related Online Content**

Dynamic Catholic ([www.dynamiccatholic.com](http://www.dynamiccatholic.com)) Matthew Kelly, author and speaker, and others. Through books and programs, Dynamic Catholic is "Meeting people where they are....leading them to where God is calling them be."

Liguori ([www.liguori.org](http://www.liguori.org)) A Redemptorist ministry. Catholic Updates – four page newsletters on topics related to current issues and general Church teaching (subscriptions available and individual Updates), books and other resources.

Loyola Press ([www.loyolapress.org](http://www.loyolapress.org)) A ministry of the Midwest Province of the Jesuits. Books on spirituality, especially Ignatian, children's materials and other resources.

## **Magazines and Newspapers – in Print and Digital formats**

America Magazine ([www.americamagazine.org](http://www.americamagazine.org)) An award-winning national weekly magazine published by the Jesuits of the United States. America is "a media communications ministry that seeks to interpret the world for the church and the church for the world." Content on numerous media platforms.

Catholic News Agency ([www.catholicnewsagency.com](http://www.catholicnewsagency.com)) CNA provides free, up-to-the-minute news affecting the Universal Church, giving particular emphasis to the words of the Holy Father and happenings of the Holy See, to any person with access to the internet. Also provides resources, Church documents, etc.

National Catholic Register ([www.ncregister.com](http://www.ncregister.com)) The Register's mission is "to provide a perspective on the news of the day as seen through the eyes of the Magisterium (Note: The Magisterium basically means the Pope and bishops.) We assist Catholics in engaging the culture with confidence in the saving and sanctifying Gospel of Jesus Christ." Published bi-weekly along with other online content. (Also in FHC app.)

National Catholic Reporter ([ncronline.org](http://ncronline.org)) NCR "connects Catholics to church, faith and the common good with independent news, analysis and spiritual reflection." The magazine and its online content "provide avenues for expression of diverse perspectives, promoting tolerance and respect for differing ideas." Published weekly. available on Kindle and on the website. Ebooks and apps are also available as are print books and other resources. "Helping people bring their Catholic faith to life." (Also in FHC app.)

U.S.Catholic ([www.uscatholic.org](http://www.uscatholic.org)) A ministry of the Claretians, U.S. Catholic puts faith in the context of everyday life. With a strong focus on social justice, they speak to "the issues that matter most in our world, adding a faith perspective to such challenges as poverty, education, family life, and pop culture". Monthly magazine and online content.

## **Catholic Bible Studies**

Little Rock Scripture Study ([www.littlerockscripture.org](http://www.littlerockscripture.org)) For personal or group use, studies of individual books of the Bible or thematic studies. Solid scripture scholarship.

Six Weeks with the Bible ([www.loyolapress.org](http://www.loyolapress.org)) Accessible and easy to use for people at any level of knowledge of the Bible. Insightful questions related to daily life.

New American Bible – This is the Bible which is used for readings at Mass. It can be found at <http://usccb.org/bible/>.

## **Church Teaching**

Catholic Catechism (<http://www.usccb.org/beliefs-and-teachings>). Also can be reached in the FHC app under LEARN.

Papal Documents ( [www.vatican.va](http://www.vatican.va)) And many other resources.

United States Conference of Catholic Bishops ([www.usccb.org](http://www.usccb.org)) A wealth of resource materials on many topics. Easy to navigate. Don't find out what the Church is teaching from news shows, read the real thing!

### **Retreats and Spiritual Directors**

Bellarmino Jesuit Retreat House, Barrington, IL ([www.jesuitretreat.org](http://www.jesuitretreat.org)) Retreats, days of reflection, spiritual directors

The Cenacle, Chicago ([www.cenaclesisters.org/chicago-retreat-conference-center/](http://www.cenaclesisters.org/chicago-retreat-conference-center/)) Retreats in the heart of Lincoln Park, spiritual directors

Charis (<http://charis.website/retreats/>) Charis provides retreats in the Ignatian tradition for those in their 20s and 30s throughout the country. Founded in Chicago by Fr. Michael Sparough, S.J., it is now a ministry of the USA Northeast Province of the Jesuits. Have a young relative in New York City? Share this site with them – [www.charis.nyc](http://www.charis.nyc)! New York has a large and active group of young Catholics involved in Charis. To find retreats elsewhere in the country, including Chicago, go to the main website.

Marytown, Libertyville, IL (<https://marytown.com/retreats-conferences/>) 24 Hour Perpetual Adoration Chapel, Retreats

Shelbourne Conference Center, Valparaiso, IN and Wynncliff Farm, Cleveland, WI ([www.shellbourne.net](http://www.shellbourne.net)) offers retreats conducted by Opus Dei.

Siena Retreat Center ([www.SienaRetreatCenter.org](http://www.SienaRetreatCenter.org)) Retreats in Racine, WI

### **Perpetual Adoration**

St. Catherine LaBoure, Holy Family Chapel, Glenview  
St. Jude's Chapel, Women's Center, Chicago  
St. Mary Church, Marytown, Libertyville  
St. Paul of the Cross, Small Chapel, Park Ridge

### **Pilgrimages**

Shrine of Christ's Passion, St. John, IN ([www.shrineofchristspassion.org](http://www.shrineofchristspassion.org)) A non-denominational multimedia depiction of Christ's Passion in beautifully landscaped grounds. Their mission: "To provide a prayerful environment where all people can open their hearts to the journey of Christ's Passion and draw closer to the Lord".

The National Shrine of Our Lady of Good Help ([www.shrineofourladyofgoodhelp.com](http://www.shrineofourladyofgoodhelp.com)) Champion, Wisconsin. The only approved Marian apparition site in North America.