

# Saints Faith, Hope and Charity Confirmation Preparation Candidate/Sponsor Faith Sharing Sheet #2

(See "Candidate/Sponsor Faith Sharing Instructions" sheet  
for additional instructions about this process.)

Candidate's Name \_\_\_\_\_

These sheets are to be used as *guides* for the sharing sessions. The sheets are divided into three sections: *Prayer*, *Knowing My Faith*, and *Christian Service*. The reflections on these three sections can be recorded on the My Reflections pages in the candidate's journal (or any other notebook/journal). Candidates and sponsors should share the respective topics together, using as much of the sheet as time allows. Candidates then fill out the brief section at the bottom of the page and turn in this sheet to the Religious Education Office.

**Prayer** We sometimes speak of the four ACTS of prayer.

<b>A</b>	Adoration or love	We express our love for God.
<b>C</b>	Contrition or sorrow	We express our sorrow for our sins and ask forgiveness.
<b>T</b>	Thanksgiving	We thank God for his many blessings.
<b>S</b>	Supplication or request	We ask for his help and guidance.

A healthy prayer life includes all of these approaches. Examine your prayer life. What approach do you use most often? Least often? For a week keep track of the prayers you use.

## Knowing My Faith

- What does it mean to give witness of your Christian faith to those of your own age? How have your parents helped you? How has your sponsor helped you? How have other candidates helped you?
- Baptism is the sacrament by which you were incorporated into Christ and became a member of the Church. Ask your sponsor why he or she agreed to be your sponsor. Together, talk about the responsibility of a sponsor that you both consider most important.

## Christian Service

- Find one incident in the Gospels that shows Jesus helping others. What do you learn about him in the incident? How can you imitate him in a similar way?

## For the My Mementos section of your Confirmation Journal

- Do you have a picture of your parish church? (Check the parish website.) Paste it in your journal. Write the feast day of the church below it.
- What new things have you learned about your parish?

*God bless you in your faith sharing!*

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Candidates - fill out this section and then return form to: Saints Faith, Hope and Charity, Religious Education Office  
200 Ridge Avenue, Winnetka, 60093

OR: [sdoubet@faithhope.org](mailto:sdoubet@faithhope.org)

Date you discussed this sheet with your sponsor: \_\_\_\_\_

Which topics (from above) did you discuss with your sponsor? \_\_\_\_\_

What did you learn from your sponsor? \_\_\_\_\_