



***“Living with a Centered Heart”
Women’s Retreat***

*Living with a centered heart requires balance.
The balance of mind, body, spirit and soul can be found when
we take time out to focus ourselves in a new way.*

*We will explore our personal relationship with God through
the lens of faith by reflection, conversation, prayer,
visualization and movement.*

***Saturday, October 2 – Sunday, October 3
Cardinal Stritch Retreat House
Mundelein, Illinois***

*The retreat begins Saturday morning and ends on Sunday after lunch.
All rooms are single occupancy and come with their own bathroom and shower.*

Cost is \$125 per person

*Please make checks payable to Saints Faith, Hope & Charity and drop off at the rectory
along with the form below by Wednesday, September 22, or register by phone
by calling Sue Martin at 847-446-7646.*

Questions? Contact Sue Martin at smartin@faithhope.org or 847-446-7646.

Name _____ Phone No. _____

Address _____ E-Mail _____

Check Enclosed _____