

Instructions for Faith-Sharing Component for Sponsors (or Parents) and Candidates

- Candidates should arrange to meet with their sponsor for at least TWO faith-sharing conversations.
- An hour of sharing is recommended. Choosing dates and times in advance may help ensure regular communication.
- The candidates and sponsors may also download the faith-sharing sheets (called “Candidate/Sponsor Sheets”) from the parish website. Go to: www.faithhope.org. Follow the links: Education...Sacrament Preparation Information...Confirmation Preparation.
- These sheets are to be used as *guides* for the sharing sessions. The sheets are divided into three sections: *Prayer*, *Knowing My Faith*, and *Christian Service*. The reflections on these three sections can be recorded on the My Reflections pages in the candidate’s journal (or any other notebook/journal). Candidates and sponsors should share the respective topics together, using as much of the sheet as time allows. At the bottom of each faith-sharing sheet is a suggested My Mementos activity. This can make the Confirmation journal special for the candidates. It recommends that the candidates, their families, and their sponsors gather reminders of the special events during the preparation process.
- SEVEN “Candidate/Sponsor Sheets” are available: numbers 1-6, and *Advent*. **We are asking candidates to discuss and turn in reflections for at least TWO of these sheets**, but would encourage the use of all.
- Throughout this time of preparation, sponsors should seek to support candidates and their families. They should help the candidates become aware of their reasons for wanting to celebrate the Sacrament of Confirmation. Candidates will grow in their acceptance of the responsibility of being confirmed in the Catholic Church.
- Parents may also wish to use some or all of these sheets for their own conversations with their child.