

**Ss. FHC**  
**Suggested Opportunities for Service- Group Projects**  
**DRAFT #3**  
(7/11/2011)

*Confirmation candidates are not required to participate in group projects – many candidates set up their own opportunities to serve.*

**1. Good News Soup Kitchen**

The Good News Soup Kitchen is one of the parish outreach activities of FHC Parish. We are one of over thirty churches in the Chicago area that supports the kitchen, allowing it to serve approximately 200 meals to the needy seven days a week.

Our parish provides food and serves a meal one time each month on the second Thursday.

Dates:

June 9	July 14	August 11
September 8	October 13	November 10
December 8	January 12	February 9
March 8	April 12	May 10

**SERVERS:** Depart FHC at 4:15pm and return between 7:30-8 p.m. (We will also need parent volunteers to drive). 8-12 servers needed each month.

**FOOD PREPARATION:** Buy and cook either chicken, pasta or prepare a salad (specific directions are provided). You can also help buy milk, fruit, and frozen vegetables. Food is dropped off to FHC at 4:00 pm.

**To sign up:** Sign up via the online page at: <http://www.signupgenius.com/go/outreach5>  
Parent drivers/chaperones needed also.

**2. FHC Parish Harvest Day**

Lend a helping hand at our parish fall festival – all proceeds go to Children of Peace School.

Choose a time:

- Set up on **Sat., Sept. 24**, in the afternoon, OR **Sun., Sept. 25**, in the early morning
- Help with Games on Sun., Sept. 25 (10am-Noon OR Noon-2pm)
- Tear down/clean up on Sun., Sept. 25, at 2:00 p.m.
- Or, bake some sweets for the bake sale.

**Coordinated by the Parish Sharing Committee.**

**To sign up:** Sign up via the online page at: <http://www.signupgenius.com/go/outreach5>

### 3. **Good News Partners**

Provides affordable housing for otherwise homeless families with a step-by-step transition; has created programs to support children and youth to grow in their social, academic and personal capability.

Opportunities for volunteers include:

- Saturday and Sunday Kids' Time at the Jonquil Hotel
  - The Jonquil Hotel is a transitional home for 58 families in the Rogers Park neighborhood who are searching for permanent homes. Volunteers will play with the kids who live in and around Jonquil Hotel. Typically there are planned activities followed by a snack. The kids range in age from 6 to 12 and usually there is a group of 10 or more kids.
  - **Summer dates TBA soon! Saturday morning OR Sunday afternoon.**  
*Please indicate your interest on the online sign up page, and we will contact you to help pick a date for our group.*
- Kids' Time at New Life Interim Housing (Women & Children's Shelter in Rogers Park)
  - Playing with children who are residents at the shelter, read to them, participate in planned activities with them.
  - **Date(s) TBA- Weekday or weekend.** *Please indicate your interest on the online sign up page, and we will contact you to help pick a date for our group.*
- Work Crews-Building & Landscape Volunteers
  - Church groups landscape, paint, clean, and renovate buildings of Good News in Rogers Park. The organization designates one Saturday per month for work crews.
  - **Dates: July 16 & August 27 (summer); hours TBA**
  - *Please indicate your interest on the online sign up page, and we will contact you to help pick a date/time for our group.*
- Parent chaperones are needed for all of the Good News Partners' service projects.

**Coordinator: Susan Doubet, 847-446-1828, [sdoubet@faithhope.org](mailto:sdoubet@faithhope.org)**  
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**To sign up:** Sign up via the online page at:  
<http://www.signupgenius.com/go/confirmation37>

OR: <http://www.signupgenius.com/go/outreach5>

Parent drivers/chaperones needed also.

4. **Beyond Beads: Service through Beading**

Creating memory bracelets for mothers who have lost babies- through Stroger Hospital. Even if you haven't beaded before, this is such an easy craft that anyone can learn how to make a bracelet. Also needed are those individuals who like to print the cards to be enclosed in a ziplock bag with each pair of bracelets: one for the mom to wear as a memento and one to give testimony to the baby's short life. All supplies will be provided. *Parents, friends, & siblings (who are sixth-grade and older) can also participate!*

Dates: **July 20 & August 24** (also to be continued 1x/month during school year)

Time: 1:00-2:30 pm (time will change for school year dates)

Place: FHC- in the PAC Building at 200 Ridge (Religious Ed Office)

Note: If you would like to participate but cannot participate on Wednesdays at 1:00 pm, please suggest another day/time.

**Coordinator: Cicely Michalak**

**Contact: Susan Doubet, 847-446-1828, [sdoubet@faithhope.org](mailto:sdoubet@faithhope.org)**

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5. **Nurture Your Family**

*Nurture* focuses on low-income families with children at high risk for nutritional and health problems. Through volunteers, the organization provides education, philanthropy, and support.

Volunteer opportunities for young people include:

- Helping with gardening for pantry: planting, weeding, watering, harvesting.
  - @ the Moraine Township Food Pantry Gardens in Highland Park- (Clavey Road off of Route 41). **Help is needed one to two times per week through October – as much as we can give.** We also need parents to volunteer to transport and supervise the kids. The sign up page will provide the opportunity for parents and youth to sign up for one or many days.
- One-day special project: Moving & Inventory of items in Nurture's storage space at Extra Space Storage on Old Deerfield Road in Highland Park.
  - **Thursday, July 14**
  - 4-8 youth may volunteer
  - 9:00 am – 12:00 noon OR 1:00 pm-4:00 pm (We will select the time which works best for the most volunteers.)
  - Parent volunteers/drivers also appreciated!

**Coordinator: Susan Doubet, 847-446-1828, [sdoubet@faithhope.org](mailto:sdoubet@faithhope.org)**

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**OR** <http://www.signupgenius.com/go/confirmation37>

Parent drivers/chaperones needed also.

## 6. **Misericordia/Heart of Mercy**

Serving people with developmental disabilities in a community of care. Located at 6300 N. Ridge in Chicago.

Volunteer opportunities for young people include:

- Summer Camp Week with Adult Residents
  - Date TBA – will be a late afternoon/evening OR weekend day **between July 22 and July 31**.
  - A variety of activities are planned, but the schedule of activities for particular days are not yet available.
- Laundry Helpers
  - Misericordia does nearly 3500 pounds of laundry per day, so needless to say, your volunteer support is not only needed but would also be greatly appreciated. It is not a difficult job, but one that requires ongoing help.
  - **Dates TBA – will be Saturday, Sunday or Holiday** for a two-hour shift between 8:00 am and 2:00 pm.
  - Please indicate your interest on the online sign up page, and we will contact you to pick a date for our group.
- Annual Family Fest
  - **September 11**
  - 3:00-6:00 pm shift
  - Help with children's games, face painting
  - Nearly 13,000 people from all around Chicago and the suburbs flock to Misericordia campus for a wonderful afternoon of food, fun, drink, live entertainment, kids' games and rides, BINGO, raffles, shopping and a huge flea market. This one-day event needs approximately 1000 volunteers in order to run smoothly!
- Holiday bakery
  - **Date(s) TBA- will be a weekday evening in mid-October thru December for a 3-hour shift.** (Dates will not be assigned by Misericordia until October.)
  - No bakery experience required.
  - Tasks will vary between scooping, mixing, baking, packaging and displaying bakery projects.
- Parent chaperones are needed for all Misericordia projects.

**Coordinator:** Susan Doubet, 847-446-1828, [sdoubet@faithhope.org](mailto:sdoubet@faithhope.org)

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**OR** <http://www.signupgenius.com/go/confirmation37>

Parent drivers/chaperones needed also.

## 7. **Halloween for Hunger**

An annual campaign that encourages young people to help alleviate hunger while raising awareness about local poverty. On October 31 of every year, youth participating in Halloween for Hunger go door-to-door collecting cans and boxed food items instead of candy in support of their local food banks.

- Visit [www.freethechildren.com/halloweenforhunger](http://www.freethechildren.com/halloweenforhunger) for ideas and details.
- Join a group of your friends from FHC to “trick-or-treat” for food pantry items on **Monday, October 31**, during Trick-or-Treat hours in Winnetka or Wilmette.
- You will be asked to distribute flyers about the project in advance of October 31.
- Parent chaperones are needed!

**Coordinator: Susan Doubet**, 847-446-1828, [sdoubet@faithhope.org](mailto:sdoubet@faithhope.org)  
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**To sign up:** Sign up via the online page at: <http://www.signupgenius.com/go/outreach5>

Parent drivers/chaperones needed also.

## 8. **Moonlight Picnics (June-September) OR Starlight Soup Suppers (Oct-May) with *The Night Ministry***

### a) **Serving Sandwiches** (Moonlight Picnic)

Five students and two parent chaperones/drivers (on each date) will caravan with the Night Ministry Health Outreach Bus serving food to the Chicago Uptown neighborhood. The group will provide the food as well.

- Meet at FHC at 7:00 pm; return by 10:45 pm
- August 23 (Tuesday)

**Coordinator: Kathleen Lyman**, 847-256-2655 – Spaces may be full already.

### b) **Making Sandwiches/Sack Suppers- at FHC**

Some of you may enjoy making the sack suppers which will be distributed at the Starlight Moonlight Picnic. Sign up to help make sandwiches and fill the lunch bags in the afternoon of the day of the Moonlight Picnic.

- August 23 (Tuesday), 1:00-2:30 pm
- Parents are needed to assist the youth and to shop for sack lunch items (you will be reimbursed).

**Coordinator: Susan Doubet** (847-446-1828) & \_\_\_\_\_

**To sign up:** Sign up via the online page at: <http://www.signupgenius.com/go/outreach5>

Parent drivers/chaperones needed also.

c) **Cookie baking for *The Night Ministry***

- Bake or supply cookies, bagged in threes, for distribution from the Health Outreach Bus which goes out 6 nights a week.
- You can supply cookies for our own groups to distribute on the dates we do the Moonlight Picnics (August 23), OR you can supply cookies directly to the Night Ministry anytime.
- For our own group to distribute on August 23, plan to drop off the cookies to FHC by 4:00 pm on the day.
- To supply cookies directly to the Night Ministry, please contact them to let them know you will be supplying cookies. To schedule a drop off, contact David Weasley at (773)506-6004 or [davidw@thenightministry.org](mailto:davidw@thenightministry.org) .

**To sign up:** Sign up via the online page at: <http://www.signupgenius.com/go/outreach5>

9. **The Harvest Food Pantry**

This Evanston food pantry is looking for volunteer help on Wednesday evenings from 5:00-8:15 pm. Volunteers are needed to pack grocery bags, help patrons select food, and help new patrons fill out forms. Currently the pantry serves 120-180 families each week, a number which has increased greatly since 2007. (Maximum group size of 10; minimum age of 12)

Dates: **Third Wednesday of the month: Aug. 17, Sept, 21, Oct. 19**

Time: 5:00-6:45 pm and 6:30-8:15 pm

Place: Evanston

**Coordinator: Susan Doubet, 847-446-1828, [sdoubet@faithhope.org](mailto:sdoubet@faithhope.org)**  
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**To sign up:** Sign up via the online page at: <http://www.signupgenius.com/go/outreach5>

Parent drivers/chaperones needed also.

10. **Lambs Farm – *No dates or adult organizer yet!***

Lambs Farm is a non-profit organization serving adults with developmental disabilities.

Volunteer opportunities for young people may include:

- Gardening
- Recreation volunteers- between 3 and 7 pm to assist with exercise, athletic and leisure activities, help coach sports,etc.
- *Special Olympics* volunteers to practice with and coach the teams.
- Special events, such as the Haunted Harvest at Farmyard on Saturdays in October- dress up in costume to gently scare people along the train tracks, help serve customers hot apple cider, hot dogs, and popcorn, assist Farmyard staff with animals, etc.
- Located at the intersection of I-94 and Route 176 in Libertyville

**Coordinator:** \_\_\_\_\_

- 11. Food Drive for New Trier Township Food Pantry - *No dates or adult organizer yet!***  
Get a group of friends together to create a flyer to distribute in your neighborhood. Let people know that in one week your group will come by to pick up canned food donations. Take donations to the food pantry.

**Coordinator:** \_\_\_\_\_

- 12. Buddy-up with kids from a low-income city parish- *No date yet!***  
Invite children from a city parish to FHC for Mass followed by a fun afternoon activity, like BROOMBALL at Watts Ice Center in Glencoe.

Date TBA.

**Coordinator:** Terry Duffy is interested in working with other parents to coordinate.

- 13. Northern Suburban Special Recreation Association (NSSRA)- *No dates or adult organizer yet!***  
The mission of this organization is to provide recreational activities for teens and adults with disabilities. Volunteers may assist with programs providing recreational activities (i.e., bowling, indoor games, etc.)

- 3105 MacArthur Blvd., Northbrook
- Dates TBA

**Coordinator:** \_\_\_\_\_

- 14. Sunrise of Wilmette- *No dates or adult organizer yet!***  
This is a senior-living community which exclusively provides care for those with memory impairment. Volunteers may provide companionship to residents and/or assist with any of the programs providing recreational opportunities for the residents (i.e., BINGO!).

- Dates TBA

**Coordinator:** \_\_\_\_\_

- 15. Hilda's Place Soup Kitchen- *No dates or adult organizer yet!***  
Prepare and serve breakfast or dinner to people who are trying to move out of homelessness.
- 1458 Chicago Avenue, Evanston
  - Choice of days available
  - Though not required, it is greatly appreciated when volunteers provide the food for the meal.

**Coordinator:** \_\_\_\_\_

**16. Faith, Hope & Carpenters: *Rebuilding Together***

This program is dedicated to rebuilding America ... one house at a time. This neighbor-helping-neighbor initiative, founded in 1973, offers a helping hand to low-income, elderly and disabled homeowners. The work may involve painting, yard work, minor repairs, and general cleaning.

- Home in a local community TBA
- Date TBA- usually the last Saturday in April

**Coordinated by the FHC Parish Sharing Committee**